

How to: Use an Inhaler Factsheet

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How to use an Equine Inhaler

- **WARM** inhaler to body temp before use
- **SHAKE** inhaler for 30 secs
- **REMOVE CAP** from inhaler
- **WASTE** 1st spray
- **ATTACH** inhaler to spacer keeping inhaler vertical
- Ensure **MASK** firmly in position with **AIRTIGHT SEAL**
- Watch breathing pattern for few breaths, **ACTUATE INHALER ONCE** – just before or immediately after horse begins to breathe in
- Allow a **FULL INWARD BREATH** to take in all of spray
- If possible – **OBSTRUCT BOTH NOSTRILS** after horse has breathed in – to enforce breath-holding for 5-10 secs
- **WAIT** at least 30 secs before next spray and **SHAKE** again beforehand

ALSO:

- Wash spacer weekly in detergent, do not rinse afterwards and leave to drip dry overnight
- Keep record of number of doses used so know when inhaler is empty
- Keep spacer device in an airtight container inside so it does not get dusty in the tackroom/stable and does not get cold.



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